

Elite Triangle Triathlon Team 2011

-----ATHLETE APPLICATION -----

About the Application Process

Team members will be selected by the leadership board. Race results, triathlon experience, age division, triathlon goals, and character assessment will be some of the criteria considered in the selection process. Team commitment is for one calendar year (January-December). Application responses should be typed and submitted electronically via email to Amie Krasnozon at amiekrasnozon@gmail.com.

Applications for initial team selections are due by November 1, 2010. Initial team selections from these applications will be made and announced by November 15, 2010. Team membership will be approximately 25 individuals, with an approximately equal number of men and women. While applications will be accepted and reviewed at any time, membership may be kept at a number less than 25 without admitting new members for any period of time at the discretion of the board. The board will be following selection guidelines (described below), but reserves the right to make exceptions to these guidelines as it sees fit. This means that if you miss a performance guideline but come close, and feel you are otherwise a very good match, we encourage you to apply for consideration. Likewise, meeting these guidelines does not guarantee acceptance into the team, as there are many factors involved in the selection process.

We encourage applications from professional athletes; the team will make special accommodations for these individuals.

Selection Guidelines:

1. The athlete must reside in the State of North Carolina.
2. The athlete demonstrates impeccable professionalism and goodwill to race staff, volunteers, media, other athletes and spectators.
3. The athlete's racing goals are congruent with the Elite Triangle Triathlon Team's racing goals.
4. The athlete is able to meet the requirements of the Team Contract (*please review*).

5. Athletes will be selected from Group A first, then from Group B.

Please list races and dates.

Group A: Two triathlon finishes within the past 18 months of either Top 5 by gender in a race of 300+ finishers or-- Top 10 in a race of 600+ finishers.

Group B: Two triathlon finishes within the past 18 months of Top 25 in a race of 300+ and exceptional single sport results. Examples include: sub 17 min 5k for men, sub 19 min 5k for women, sub 18 min 'mile' swim for men, and sub 20 min 'mile' swim for women. Single sport results must be within the past three years.

6. If the athlete does not meet the Group A or Group B criteria in #5, he/she must submit recent USAT rankings and/or other helpful supporting information.

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Name:

Street Address:

City/State/Zip:

Phone #:

Application Date:

Email Address:

1. Summarize your triathlon background-include any single sport involvement you feel is pertinent.
2. Describe your triathlon related goals for the upcoming season. Please list specific races that you are targeting.
3. List awards, top finishes, notable single sport times and/or other triathlon recognitions.
4. What do you hope to gain by joining the Elite Triangle Triathlon Team?
5. Describe what value you would bring to the Elite Triangle Triathlon Team.
6. Describe a situation where something went wrong in a race. How did you react? What did you learn from the experience?
7. Are you able to meet all of the requirements in the Team Contract? If not, please explain.
8. Describe your most rewarding experience through the sport of triathlon.